

PE Newsletter



Dear Parents and Guardians,

I have had a fantastic Second term of Physical Education.

Preps

The Preps had an exciting term focussing on the Bounce, Kick and Punt in their Physical Education time, showing huge levels of improvement through the term. They have also continued a Perceptual Motor Program where they have been working on their balance and co-ordination across a range of activities. This term the Preps will continue to work on a range of Fundamental Motor Skills with a particular focus on the Running, Leaping and Jumping. We will also begin to look at the basics skills that are required for a range of athletics events.

Grade 1-2

For Grade 1-2 the focus of the class in term two has been on the Fundamental Motor Skills of the Kick and the Punt, with a sort focus on Soccer during the unit on the Kick. In term three we will continue to focus on building these fundamental motor skill and will begin to focus on running with correct technique and how to jump. We will also begin to look at the basics skills that are required for a range of athletics events.

Grades 3-6

Grades 3-6 have been very busy in term two completing sports education units on Netball and Softball while also participating in interschool sports on a Friday morning. During term three the Students in grade 3-6 will complete a unit learning about a range of different fitness activities before moving on to a sports education unit looking at Lacrosse.

Term three will as be very busy for the students in years 3-6 with athletics training occurring on Fridays in preparation for the District Athletic Carnival later in the term.

I look forward to an exciting and fun term with all students, if you have any queries or concerns please do not hesitate to contact me by email.

Mr Nicholas Lindsay
lindsay.nicholas.d@edumail.vic.gov.au

